



Jakhals Events

20
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INTER DISTRICTS
CHAMPIONSHIPS

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WE INVITE YOU TO PARTICIPATE IN THE 2020 INTER DISTRICT CHAMPIONSHIPS -
CAPE METROPOL | EDEN | CAPE WINELANDS | WEST COAST



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RACE RULES

POINTS SYSTEM BREAKDOWN

Points will be earned for the team, based on position.

All riders will contribute their points to their respective district for the Provincial competition regardless of where they competed in the Team-Competition. The best team will be determined at the end of the competition by calculating the team with the most points.

If the team competition comes to a draw the final positions will be determined by a count back on the following basis:

- a) Team with the most Gold medals
- b) Team with the most Silver medals
- c) Team with the most Bronzemedals
- d) Team with the best average time

The district with the most points will win the overall competition.

If the Competition ends in a draw, the final positions will be determined by a count back on the following basis:

- a) District with the most participants.
- b) District with the most female riders.
- c) District with the most PDI riders.

Points Sytem for position 1-5:

- a. 1 = 10
- b. 2 = 8
- c. 3 = 6
- d. 4 = 4
- e. 5 = 2
- f. 6 = 1
- g. 7+ = 1

The race organizer is at liberty to change or alter the routes as to ensure the safety of the riders.





RACE RULES

MEDALS AND PRIZES

All podium winners (male and female) in each category from U/11 – U/19 will receive a Gold/Silver or Bronze medal.

All finishers will receive a finishers medal.

The District with the most points will win a floating trophy for the year.

The winning District will also receive a R 1000 cash prize.

TECHNICAL DETAILS

No specialized equipment is allowed for the age groups U11 to U15.

DISTANCES

76KM

1x 56km + 1x 20km Course
U/19 Boys & Girls



56KM

Turning Point: 28 km
U/15 Boys
U/17 Boys & Girls



20KM

Turning Point: 10 km
U/11 Boys & Girls
U/13 Boys & Girls
U/15 Girls



INTER DISTRICTS CHAMPIONSHIPS

RACE DETAILS

ONLINE ENTRIES:

Entries close on 13 April 2020 at 23:59.

Event Page URL:

<https://www.entryninja.com/events/57462-battle-of-the-bikes>

Registration URL:

<https://www.entryninja.com/events/57462-battle-of-the-bikes/enter>

LATE ENTRIES & REGISTRATIONS:

Grand Hotel, Laingsburg

17 April 2020 - 17h00 - 19h00

18 April 2020 - 05H30 06H30

NO DEPOSIT:

R150 REFUNDABLE DEPOSIT ON NUMBERS
PAYABLE AT REGISTRATION.

Card Facilities will be available.

TEAM MANAGERS AND OFFICIAL'S MEETING:

Grand Hotel, Laingsburg

19h00

PRIZE GIVING

After the last participant finished and the results have been prepared.

DATE:

18 April 2020

START & FINISH

The races will start & finish in front Grand Hotel
Laingsburg.

Racing will be in the direction of Seweweekspoort.
There will be 3 distances with a total of 2 turning points.



Jakhals Events

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